



THE INGLEBURN INFORMER

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Term 4 Week 4 2016



Executive Notes

Newsletter Term 4 Week 4

End of year special events and assemblies

It's coming to the end of the year and that means many exciting opportunities to celebrate student success as the year draws to a close. Please note the following important dates and times:

Week 8

29/11 Talent Show (day & evening performances, times TBC)

30/11 K-2 Athletics Carnival, 9-11am

Week 9

7/12 Christmas Concert, 6pm

9/12 3-6 Sports Presentation Assembly, 9:15am

Week 10

12/12 3-6 Annual Prize Giving Assembly, 9:15am

13/12 Kinder Celebration of Learning, 9-10am

Stage 1 Celebration of Learning 10-11am

15/12 Reports go home

Year 6 Farewell, 6pm

16/12 Last day for students

Transforming Education

On Tuesday our school was delighted to host an audience made up of approximately 50 principals and teachers from across the Glenfield and Bankstown Principal Networks, their respective Directors Ms Maria Serafim and Ms Jan Green as well as guests from Datacom, a leading IT company which is assisting Ingleburn PS to be at the cutting edge of future focused education. Numerous staff members presented on how we are transforming education and our innovation journey thus far. The guests also took a tour of the many unique and engaging spaces we have in the school. The students and staff took great pride in showing what a great school we have. The feedback received from our guests was extremely positive and we are already planning to share with other schools in the near future.

Diamond Café

Our school is lucky to have many inviting and engaging spaces for students and the community. The Diamond Café, formerly known as the Parent Café has recently had a make over to make the space more inviting and user friendly. The Café is open during kindergarten orientation and special school events for the comfort and enjoyment of the community. Please pop down and have a look and a cuppa some time! Thank you to Hilda Alexander for her tireless work, including in her own time, to make our school like no other!

Selective high school placement in 2018

Notes regarding selective high school placement for 2018 have been sent home to students in Year 5. If you would like to have your child considered for Year 7 selective high school entry in 2018, you need to apply now. You will need to apply on the internet using a valid email address (not the student's email address). Please return the intention to apply slip to school if you will be applying.

Detailed instructions on how to apply online are available from the school and at www.schools.nsw.edu.au/shsplacement. The application website closes on **14 November 2016**. Late applications will not be accepted.

Mrs Sharon Galway
Relieving Deputy Principal

Dates To Remember

Term 4

Week 4

October 31 – November 4th – School Swimming Scheme

November 3 – Kinder Orientation 3

Week 5

November 7 – P&C Meeting 9.15am

November 8 - Kinder Orientation 4

November 10 – Kinder Farm Excursion

November 11 – Inspire showcase

Week 6

November 17 – Kinder Orientation 5

Week 7

November 22 – Kinder Orientation 6

Week 8

November 29 - Talent Show (day & evening performances, times TBC)

November 30 - K-2 Athletics Carnival, 9-11am

Week 9

December 7 - Christmas Concert, 6pm

December 9 - 3-6 Sports Presentation Assembly, 9:15am

Week 10

December 12 - 3-6 Annual Prize Giving Assembly, 9:15am

December 13 - Kinder Celebration of Learning, 9-10am

December 13 - Stage 1 Celebration of Learning 10-11am

December 15 - Reports go home

December 15 - Year 6 Farewell, 6pm

December 16 - Last day for students

SEARCH OUR
SCHOOL NAME IN:



Transforming Education

This week our school hosted a professional development session for approximately 50 Principals and teachers from across Glendfield and Bankstown Principal Networks, their Directors Ms Maria Serafim and Ms Jan Green as well as guests from Datacom attended the day. Staff members presented on how Ingleburn PS are transforming education through open classrooms and Universal Design for Learning practices as well as our innovation journey. Our guests were also treated to a tour of our school where they visited our engaging learning spaces such as the Discovery Centre and our open classrooms. We have received excellent feedback from our guests. Our students and staff are a credit to the wonderful things happening at our school.



Swimming Scheme

Last week 40 students from years 2-6 participated in the Swimming Scheme, students have been developing their swimming skills and learning to swim safely. All of the students who attended had a great week. Thank you to Ms Stefanik and Ms Rivera for your organisation and attendance. Thank you to Mr Green and Mrs Thompson for driving the bus that week. We interviewed Jayden in Year 2.

Did you learn anything new?
Yes, I learnt the Breaststroke.

How was the program, why?
It was fantastic because it was fun learning in the pool.

By: Prima & Bethany

App Review



Fun App: Extreme Car Driving Simulator Free is a fun addictive car driving sim where you drive around without cops and is basically GTA without any violence. I would recommend this for people who want to drive around freely plus you start out with a Lamborghini Hurricane. I rate $\frac{5}{5}$ JCs.

Educational App: Have you ever wanted to code your favourite game? Or have you ever wanted to make your own fun games? Well this is the game for you. Swift playgrounds is a game like scratch but more intense coding. There are a few tutorials but they take up space every time you download them. This is a good game but if you're just starting out with coding I would recommend Hopscotch or Scratch. I rate this $\frac{3}{5}$ JCs.



Swift Playgrounds

Learn serious code on your iPad.
In a seriously fun way.

Book Fair

On Wednesday 16th November the Book Fair will begin at our school. The Book Fair will end on Wednesday the 23rd of November. There will be books and novelty items to purchase starting at \$1.

By Tara

Skoolbag

Remember Ingleburn PS has Skoolbag! You can download the app from the app store or Google Play. With the SkoolBag app, you can access our school's newsletter, alerts, canteen information, and if your child is sick, there is a place where you can send in a note saying why your child was away. So download the app today!

By Madison.

Lego Maker Club

Lego Maker Club has recommenced this Term on Thursday afternoons. If you would like to join in on the fun please see the office for a permission note. The cost is \$5 per week. We hope to see you Thursday afternoon at the Discovery Centre. Check out the awesome creations made this week at Lego Makers Club.



Healthy Eating

Apple Muffins

Ingredients:

- 2 cups self-raising flour
- 1 tsp cinnamon
- ½ cup (80ml) olive or vegetable oil
- 1 cup low fat natural yogurt
- 2 egg
- 1 red apple, grated
- ½ cup pecans, chopped (or walnuts or almonds)
- ½ cup dates, chopped

Method:

1. Preheat the oven to 180°C and place paper cases in a muffin tray (12 large or 18 cupcake size)
2. Sift flour and cinnamon into a large mixing bowl. Straight after add in the caster sugar.
3. In a glass jug, measure out oil and yogurt and add eggs, whisk and combined
4. Pour liquid into the dry ingredients and mix until it's combined
5. Stir in the apples, pecans and dates
6. Spoon in the mixture into the paper case
7. Bake for 20-25 minutes or until a skewer that you insert into one of the muffins comes out clean.

By Leanne

Beef Burrito

Ingredients

- Olive oil spray
- 200g lean beef strips
- 4 wholemeal flat bread (such as Mission food Wraps)
- 2 cups shredded iceberg lettuce
- 2 Roma tomatoes, sliced
- 1 red capsicum, seeded, thinly sliced
- 1 carrot, peeled, coarsely grated
- 1 tablespoon sweet chili sauce

Step 1

Lightly spray a large non-stick frying pan with oil spray. Place over high heat. Add one-third of the beef and cook, stirring, for 2 minutes or until browned and cooked through. Transfer to a bowl. Repeat in 2 more batches with remaining beef.

Step 2

Place the wraps on a clean work surface. Top with beef, lettuce, tomato, capsicum, carrot and drizzle with sweet chilli sauce. Wrap to enclose filling.

By Saqib

Roasted cauliflower tacos with spicy yoghurt

Ingredients:

- 1 corn cob, husk and silk removed
- 1 large head cauliflower, trimmed, cut into florets
- 1 lime, sliced
- 1/2 red onion, cut into thin wedges
- 1/4 cup natural flaked almonds
- 2 tablespoons extra virgin olive oil
- 2 garlic cloves, crushed
- 3 teaspoons medium Mexican chilli powder
- 1/2 avocado, diced
- 125g cherry tomatoes, quartered
- 8 warm whole grain tortillas, to serve
- Fresh coriander sprigs, to serve
- Lime wedges, to serve

Method:

Step 1 Preheat oven to 200°C/180°C fan-forced. Line a large baking tray with baking paper.

Step 2 Cut kernels from corn cob, in large chunks. Place cauliflower, corn, lime, onion and almonds on prepared tray. Combine oil, garlic and chilli powder in a jug. Pour over vegetables on tray. Toss to coat. Season with salt and pepper.

Step 3 Roast for 35 minutes, stirring mixture twice during cooking, or until cauliflower is browned and tender. Discard lime slices.

Step 4 Make Spicy yoghurt: Combine yoghurt, chilli sauce and coriander in a bowl. Season with salt and pepper.

Step 5 Fill tortillas with cauliflower mixture, avocado, tomato and coriander. Drizzle with spicy yoghurt. Serve with lime wedges.

By: Noah

140 Character review

The land of stories

After accidentally traveling to a foreign land, full of wonder, magic and danger, Alex and Conner Bailey race to find their way home.

Allegiant by Veronica Roth

After discovering the video from the founders of their city, Tris, Four and their friends leave the city in search of answers.

Diary of a wimpy kid: Double down

When Greg discovers an old camera in the basement, he calls his friend Rowley to help him make a horror movie to show that he has talent.

Geronimo Stilton: Journey through time

Geronimo Stilton and his family have been called by Professor Paws to see dinosaurs, Ancient Egypt and medieval times on a journey through time.

By: Maheema and Marcel

Classroom Review

This term 3M are learning about poems. They have looked at haikus and limericks. This is one of the poems they made.

There once was a dragon named Wack
He lived in a dungeon that's black
He ate ice cream
He started to scream because he wanted a big mac.

By: Ashton

Class Report

This term 5W is learning all about explanations and procedures. They are also reading 'Matilda' by Roald Dahl! Miss Stilloni who is 5W's current teacher described the class as wonderful. To the question 'What's the subject most kids in your class enjoy' she answered maths. Thanks Miss Stilloni for answering our questions.

By Akrivi, Freya & Candice

Book Review

Heist Society

Are you in or out?

Kat Bishop wants to leave the family business. And that's not easy when you're part of an exclusive gang of world-class thieves.

But when her dad is being accused of stealing a mobster's priceless art collection, Kat is forced to come back into business & steal them back. And with only two weeks, a teenage crew, a plan that will get her across Europe and her dad's life on the line, can she pull off the biggest heist in history?

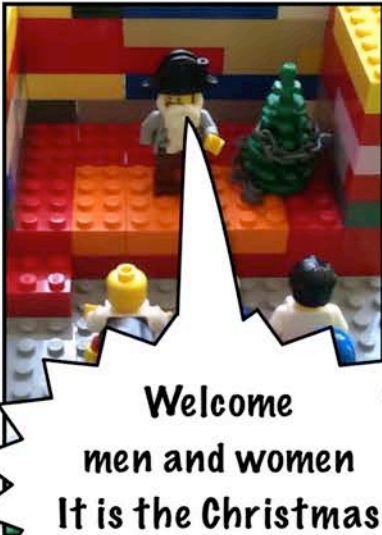
This book written by Ally Carter is an interesting, mystery filled book. You can find this book at the Greg Percival Library. I recommend this book to people aged 12 & above. I rate this book 3.8 artworks out of 5.

By, Srudiksha

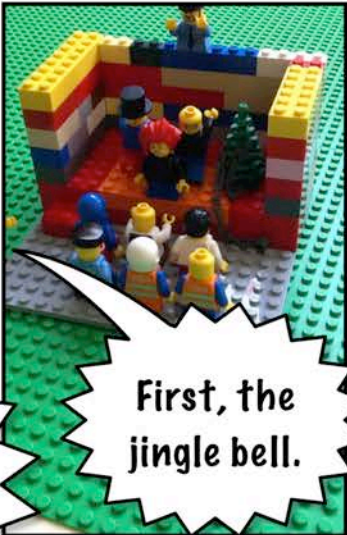


Comic Strip

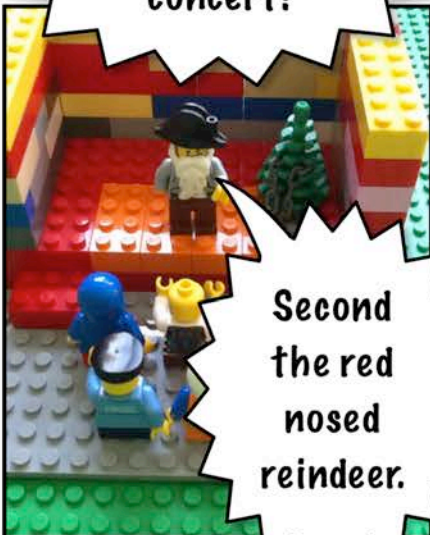
By: Gyuhyeon



Welcome
men and women
It is the Christmas
concert!



First, the
jingle bell.



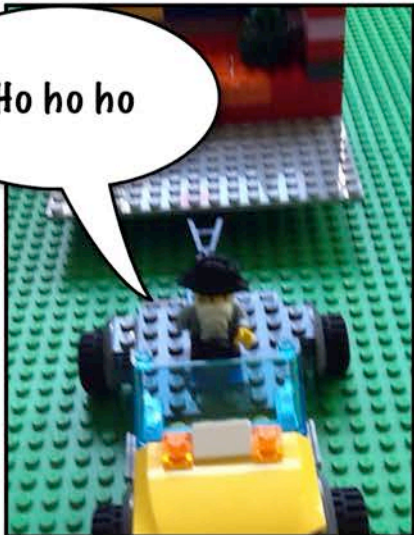
Second
the red
nosed
reindeer.



End.
Bye bye



© #!



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Getting Prepared for the NDIS

Information Session for the Tongan Speaking Community



Come to our FREE information session for people with disabilities, families and carers.

- Learn about the changes in disability including the **National Disability Insurance Scheme (NDIS)**
- Learn more about Disability in Australia and the rights of people living with Disability, and managing NDIS individual funding packages.
- **Meet with local disability services, advocates and linkers** to find out what supports are available to you now.



FRIDAY
18TH NOVEMBER 2016



10:00AM – 1:30PM



Rockdale Library, Meeting Room 3
2 Bryant Street,
Rockdale, NSW 2216

REGISTER BY: MONDAY 14TH NOVEMBER

Please contact Mercy at capacitybuilding@ecsc.org.au or **(02) 9569 1288**

Tongan interpreter will be present on the day

Light Lunch will be provided

This event is organized by Ethnic Community Services Co-operative (ECSC) with funding from the NSW Department of Family and Community Services (South Eastern Sydney District)



**Ethnic Community
Services Co-operative**
A voice for diversity and inclusion
(Formerly known as Ethnic Child Care, Family and Community Services Co-operative)



**Family &
Community Services**
Ageing, Disability & Home Care

INGLEBURN BULLDOGS JRLFC

ABN 48 492 624 232

Community Fun & Registration Day

Venue :- Warren Ritchie Oval, Milton Park, Railway Pde,
Macquarie Fields

Date :- 5th November 2016 from 10am to 4pm



EVENTS

CAR BOOT SALE

FACE PAINTING

RAFFLES

BBQ

JUMPING CASTLE

SHOWBAGS

PASS THE BALL

CANTEEN OPEN

PLENTY MORE

Expression of interest for Car Boot Sale, \$25.00 per car. Please contact
Secretary Michael Pike 0434 623 398 or President Pam Hickenbotham 0422 585 587

Registrations for the 2017 season will be available on the day

U6's to U8's will be \$75.00 U9's to U11's will be \$90.00

U12's to U15's will be \$100 U16's to U17's will be \$110.00

Free Health Education Program for Women delivered by trained Bilingual Community Educators

The New Healthy Women's Program

The program consists of 8 x 2 hour weekly sessions:

- *Week 1 – 13.10.16 – Introduction to the New Healthy Women's programme
- *Week 2 – 20.10.16 – Food and Healthy Eating
- *Week 3 – 27.10.16 – Learning about our Bodies
- *Week 4 - 3.11.16 – Changes in our Lives
- *Week 5 – 10.11.16 – Taking care of our Bodies
- *Week 6 – 17.11.16 – Dealing with Stress
- *Week 7 – 24.11.16 – Using Health Services
- *Week 8 – 1.12.16 – Group choice (optional)

Language: Hindi/English

Time: 10.00am – 12.00pm

Venue: Ingleburn Community Health Centre

For bookings please contact:

Supreeja Soundiah

Bilingual Community Educator

0490 149 150

Or

Tessa

8788 4200

The New Healthy Women's Program

The program consists of 8 x 2 hour weekly sessions:

- *Week 1 – 14.10.16 – Introduction to the New Healthy Women's programme
- *Week 2 – 21.10.16 – Food and Healthy Eating
- *Week 3 – 28.10.16 – Learning about our Bodies
- *Week 4 - 4.11.16 – Changes in our Lives
- *Week 5 – 11.11.16 – Taking care of our Bodies
- *Week 6 – 18.11.16 – Dealing with Stress
- *Week 7 – 25.11.16 – Using Health Services
- *Week 8 – 2.12.16 – Group choice (optional)

Language: Nepali/English

Time: 10.00am – 12.00pm

Venue: Ingleburn Community Health Centre

For bookings please contact:

Nisha Shrestha

0468 437 579 or nisha.keo@gmail.com



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